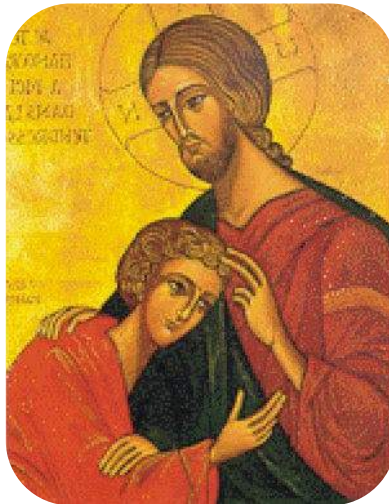


Morning of Reflection

Listening to the Heartbeat of Christ



There are many voices that clamor for our attention.
How do we listen with our hearts to the voice of Christ within us?

This retreat will focus on deep listening with the heart,
facing our resistances, and creating a sanctuary
for unheard and homeless parts within us.

It will include presentation, music, and visual reflections.

Date: Saturday, November 10, 2018

Time: 9:00 AM – 12:00 NOON; coffee/donuts at 8:30 AM

Location: Sacred Heart – Mother Seton Room

Presenter: Sister Eileen Quinn, OSF

Sister Eileen is the Director of Aisling Retreat House in Manchester, MD. She is a delightful presenter who blends the spiritual and psychological to help people touch into their deepest desires for living fully in the Divine Presence.

RSVP: To Sister Helen at 410-526-6583 (ext. 321)
or email at helenwiegmann@yahoo.com
no later than Friday, October 26.

